



*"Supporting health promoters to foster healthy people and communities."*

## **Healthy Schools Day in Canada**

This is a gentle reminder that the fourth annual Healthy Schools Day in Canada - Journée des écoles saines du Canada is coming up on Tuesday April 24, a little over two months away...The second day of CEFPI's School Building Week.

Now might be a good time to plan an activity to promote good Indoor Air Quality in your regions schools. Encouraging or informing others is a valuable project too. Please announce it in your newsletters if possible.

You or your contacts may want to register a project to mark the Day? We hope that you do. Big or small, all projects count! See previous projects at [www.casle.ca/HealthySchoolsDay](http://www.casle.ca/HealthySchoolsDay).

Projects don't necessarily have to be on that exact day. They can be ongoing projects or take some other form. CASLE's project this year is the launch of our new IAQ Guide for School Administrators. See the button on CASLE's main page [www.casle.ca](http://www.casle.ca) or go to:  
<http://www.casle.ca/ArticleDetail/tabid/77/smId/413/ArticleID/165/reftab/56/t/School-Administrators-Guide-to-a-Healthy-School/Default.aspx>

Please also consider doing media releases or other PR in your area if possible when the April 24th HSD approaches. I will be sending some drafts to help you, and will coordinate the timing of our various releases.

Will your Member of the Provincial Legislature or MP make a declaration on April 24th about the importance of making sure schools have good quality indoor air? Both learning ability and health can be affected by Indoor Environment Quality.

How might you or those who are interested in your area mark Healthy Schools Day in Canada this year? [See the attached IDEAS list](#).

Karen Robinson,  
National Coordinator, Healthy Schools Day in Canada - Journée des écoles saines du Canada