

January 23, 2012

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Community Action on Homelessness

Walking the Walk: Creative Tools for Transforming Compassion Fatigue and Vicarious Trauma

February 23, 2012

The Westin (Downtown Halifax)

Connections Halifax (CDHA) is hosting a one day educational workshop that all helping professional's must take part in. We all pay an emotional price for doing the work that we do – the demand often outweighs what we can offer. What is the impact of this work on our own well-being, on our personal life? It's time to make a shift and renew our sense of hope and optimism about the future and the value of our work.

This is a highly interactive one day workshop, incorporating a combination of solo, small group and whole group activities.

For more information, contact

[Cheyenne Smythe](#) or [Cindy Smith](#)

or call 473-1935

- **[full details](#)**

CAH RESOURCES:

[2010 Halifax Homelessness Resources](#)

'Housing First: A Community Solution'

CAH Video

[Part One](#) | [Part Two](#)

[2010 Halifax Report Card on Homelessness](#)

[2009 Halifax Report Card on Homelessness](#)

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Communities Addressing Suicide Together Provincial Conference

Friday, March 16, 2012 9am -3pm

Sea King Club, Shearwater, Nova Scotia Provincial Conference

Have you been personally affected by suicide? Is suicide an important issue for you?

Are you part of a CAST Coalition or other suicide prevention work?

Do you want information and resources to help to make your community or organization suicide-safer?

To Register or for more information, contact

Katelyn Bessette, Program Coordinator, CAST

1 (877) 466.6606 or (902) 466.6600

katelyncmhans@eastlink.ca

[- full details](#)

Adsum for Women & Children

Job Posting

Household Assistant

This position is located at the shelter, Adsum House, in north-end Halifax. The shelter is opened 365 days a year to as many as 16 women, children and female youth who are homeless. Aside from accommodations, the House offers three meals a day, clothing & household items, referrals, supportive counseling, and programming. The administrative offices of the organization are also located in the shelter.

20 hours per week, six (6) months with a possibility of extension. The hourly rate for this position is \$14.00 an hour or \$280.00 for a 20-hour week.

Closing Date: Friday, January 27, 2012

[- view the full job posting](#)

Inspiring Lives Awards

Healthy Minds, Healthy Bodies, Healthy Communities

The Inspiring Lives Awards will recognize the achievements of four Nova Scotians who have inspired others as they face their own challenges living with mental illness or addiction.

Do you know an individual who:

- Actively promotes good mental health in his/her community?
- Is engaged in the support of his/her peers?
- Participates and encourages others to join in activities to reduce the stigma surrounding mental illness?

Nominations must be received no later than 4:30 p.m., Monday, March 5, 2012

- [full details](#)

Rotarians and friends of Rotary (the ROMEOs) are offering 'Handyman' Services

Rotarians, and friends of Rotary (the ROMEOs), were offering 'handyman' services to community support organizations, particularly those assisting to the disadvantaged and those grappling with poverty and the threat of homelessness.

The work includes installation of shelves, fixing cupboard doors, mending furniture, drywall repairs, painting, basic electrical and plumbing repairs, and backyard repairs, etc. While members of the team can be available in small numbers at any mutually convenient time, the best timing for a larger group is Thursday mornings between 9.30 am and noon. They are able to schedule larger projects roughly every six to eight weeks. Normally one or two members would pay a visit in advance to sight the proposed project, and discuss arrangements for the big day. If some work is still outstanding at the end of the morning, they would of course, arrange to come back to finish. Labour, of course, is at no cost. It may also be possible to provide modest funding to cover some of the costs of materials and supplies.

Organizations that have received valuable help from this group to date include [Phoenix](#), Metro Non-Profit Housing Association, [Supportive Housing for Young Mothers](#) (SHYM), [Adsum for Women & Children](#), YWCA and [Holly House](#).

Should you be interested in exploring possible assistance from the ROMEOs, please contact Dick Hodgson, Secretary and Past President, [Rotary Club of Halifax Northwest](#), either by email at dick.hodgson@dal.ca or by phone 477-2925.

Community Transit Nova Scotia Provincial Community Transit Survey

Community Transit NS is in the process of developing a public transportation strategy for the province. For this we are seeking the maximum amount of input from as broad a cross section of the population as possible.

Survey link: <https://www.surveymonkey.com/s/NJKZXCG>

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Community Action on Homelessness
2030 Gottingen Street
suite 201
Halifax, Nova Scotia B3K 3A9

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