



"Supporting health promoters to foster healthy people and communities."

Break It Off Digital Campaign to Assist Young Adults to Break Up With Smoking

Please find attached a [fact sheet](#) which outlines the Break It Off digital campaign being launched this Thursday January 11th by the Canadian Cancer Society. The campaign is aimed at helping young adults (19-29 years) in six provinces (SK, MB, ON, NB, NS, PEI) break up with smoking.

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