

Enabling **SHADY BEHAVIOUR...**

where our children live, learn and play.

You are Invited

**... to Learn From Others
...to Share Your Insights
...to Make a Difference**

**March 3, 2010
Halifax Nova Scotia**



The time for shade is now!

One in seven Canadians born today will experience a skin cancer in their lifetime so seeking shade is smart! Get set to learn how shade impacts people and our environment. Explore viable solutions to create well designed sustainable shade in settings where our children live, learn and play.





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You won't want to miss this workshop...

...If outdoor play space is important to you

...If you are planning or working on a community garden

...If you are interested in "greening" your community

...If you are concerned about the health and safety of children in your care

Enabling Shady Behaviour....where our children live, learn and play is an opportunity for you to learn from content experts and from exciting community examples. It's an opportunity to expand your network and your knowledge on the role of the physical and built environment in supporting health promoting behaviour and environments that reduce overexposure to UV rays.

Skin cancer rates are high in N.S. Reducing overexposure to the UV rays from the sun can reduce the incidence of sun burn, skin damage, cataracts and skin cancer. Children and youth are a priority target group for sun safety practice. In a national survey of sun safety practice conducted in 2006, it was reported that children in Atlantic Canada continue to sunburn and to have poor sun safety practice, particularly children over the age of six years.

Reducing the risk of overexposure to the sun is possible by creating environments that support shady behaviour. Think parks, playgrounds, school grounds and child care settings. Sports fields and camp grounds and gathering spaces like community gardens. Enhancing shade in N.S. can contribute to the health of our province.

There is no registration fee to participate in this workshop, however registration is required. Costs incurred to attend (travel, accommodation) are the responsibility of the delegate. The workshop will take place on March 3rd 2010 at the Ashburn Golf Course Club House 3250 Joseph Howe Drive Halifax, Nova Scotia.

We hope you, or a representative from your organization, will be able to join us as we work to *Enable Shady Behaviour* in Nova Scotia. Please circulate this workshop notice through your community networks.

The deadline for registration is February 25, 2009.

For more information please contact Judy Purcell, Prevention Coordinator, Cancer Care Nova Scotia at Ph: (902) 473-6063 or email Judith.purcell@ccns.nshealth.ca or Jennifer Crafer at Ph: (902) 473-1205 or email Jennifer.crafer@ccns.nshealth.ca

We look forward to seeing you on March 3rd.

A handwritten signature in black ink that reads "Laura Finlayson". The signature is written in a cursive style with a large, looping flourish at the end.

Dr. Laura Finlayson, MD, FRCPC
Chair, Sun Safe Nova Scotia Coalition
Head, Department of Dermatology IWK Hospital
Head, Department of Dermatology, QE2 Health Sciences Centre

Encl.
Registration Form
FAQ
Agenda